



EARLY CARE AND EDUCATION PROFESSIONAL DEVELOPMENT AND TRAINING WINTER (NOV 2005-JAN 2006)

TO REACH:

REGION 1 CHILD CARE
RESOURCE AND
REFERRAL OFFICE
1-800-859-2025

Mid-Sioux Opportunity, Inc
418 S. Marion Street
Remsen, IA 51050

Serving 22 counties in Northwest Iowa

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A PUBLICATION OF CHILD CARE RESOURCE AND REFERRAL OF NORTHWEST IOWA



Research suggests that the most important factor in determining the quality of child care is the education and training of the child care worker.

2005 NACCRRRA Public Policy Agenda

The last two decades have seen increasing interest in learning about the experiences of children in child care settings: what settings are good, which do not benefit children, and how child care influences later school performance and behavioral patterns. We have learned a great deal about why children need high-quality child care, and how to improve programs to reach high quality. Currently, **child care is where most children receive their early learning experiences.**

The Iowa legislature has allocated funds to early care and education agencies to increase the quality of experiences for our youngest through staff development. Training opportunities are being developed statewide to

- ❖ identify the skills necessary for quality care and early education
- ❖ offer training that will develop these skills
- ❖ set up environments that enhance early learning
- ❖ provide information to help parents select quality care.

Child Care Resource and Referral, which is funded through the Iowa Department of Human Services, maintains an updated list of approved classes, workshops, and events for early childhood professionals and delivers training that will supply information on understanding basic quality child care operations in Iowa. CCR&R classes are interactive, applicable, and supportive of adult learning styles. **If you or your staff have not attended one of these foundation trainings, please sign up today.** A training is available near you.

ChildNet (for homes registered by DHS)

Welcome to Child Care (for centers licensed by DHS)

Welcome to School Age Care (caring for children outside of school hours)

Child Care Resource and Referral services are available in all 99 counties in Iowa and accessible to all parents, early care and education professionals and members of the community.

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Visit us on the Web: www.mid-siouxopportunity.org/ccr

Orientation to Child Care Resource and Referral

If you work with children and families, this class is your introduction to the early care and education community: We'll discuss such things as the types of child care, the option of state registration, the federal food program, training opportunities, and services provided by Child Care Resource and Referral and the community.



We can help support you in your child care business. Come for great information and training credit! **A two hour in-service training certificate will be given to participants who attend this group training.** Child Care Centers can arrange an on-site orientation for their staff. Offered monthly. Call Dianne Orr at 1-888-270-1180 or 712-277-1180 to register.

LeMars-held at Blue Bunny Ice Cream Parlor	*****	Sioux City- held at 2101 Court Street
Monday, 7-9 pm		Saturday, 8:30-10:30 am
Nov 21		Nov 19
Jan 23		Jan 28
Feb 27		Feb 25
March 27		Mar 25
April 17		April 15

Mandatory Child Abuse Reporter Training (MCART): Identifying and Preventing Child Abuse

This is a required training for all child care center and school-age program staff, directors, and child development home providers to meet licensing and registration guidelines. Participants will be certified with the DHS for 5 years. Offered 6 times a year through ICN. This ICN focuses on the child care provider as a mandatory reporter in Iowa. **Class is from 6:30-8:30 pm.** Cities have been chosen, sites are currently in process of being confirmed for the rest of 2006. **(To register, send registration form and payment to the area office in parenthesis.)**

Monday, January 9	Tuesday, March 7	Wednesday, May 3	Thursday, July 6
Algona High School (CCR&R Graettinger)	Early HS (CCR&R Carroll office)	Fort Dodge	Algona
Webster City CC (CCR&R Carroll)	Fort Dodge HS (CCR&R Carroll office)	Clarion	Webster City
Denison CC1 (CCR&R Carroll office)	Emmetsburg CC (CCR&R Graettinger office)	Spencer	Storm Lake
Storm Lake BV 2 (Graettinger office)	Spirit Lake CC (CCR&R Graettinger office)	Sheldon	Sioux City
Sioux City CC1 (Remsen office)	Sioux City AEA (CCR&R Remsen office)	Sioux City	Sioux Center
Sioux Center AEA (Remsen office)	Rock Valley HS (CCR&R Remsen office)	Cherokee	Humboldt
Humboldt HS (Carroll Office)	Paullina HS (CCR&R Graettinger office)	Ida Grove	Milford
Spencer Lib (CCR&R Graettinger Office)		Denison	

As of May 1, 2002, the video version of Child Abuse Mandatory Reporter Training distributed by the Iowa Department of Human Services is no longer an appropriate means of obtaining certification as a mandatory reporter under Iowa law. In House File 680, the 2001 General Assembly established an abuse review panel for to approve curriculum. The approved classes are listed http://www.idph.state.ia.us/bhpl/abuse_ed_review.asp



Universal Precautions & Exposure Control Plans

Department of Human Services is funding this **required training for staff working in centers**. Staff must have this training within the first 6 months of employment, and annually thereafter. It is an in-depth look at the risks of disease transmission while caring for children. Basic understanding of infection control and how to reduce risks will be provided. What to do when a child care provider has exposure to a blood-borne pathogen, policies and practices needed to be in place-post exposure, and medical services child care providers should receive and who pays for these services. **(Register with the area office in parenthesis.)** Home providers will receive an in-service training certificate for 1 hour in health and safety. Locations are currently in process of being confirmed for the rest of 2006. This ICN is offered by trained child care nurse consultants.

Monday, December 5 6:30-8:00 pm	Tuesday, February 7 6:30-8:00 pm	Wednesday, April 5 6:30-8:00 pm	Thursday, June 1 6:30-8:00 pm
Algona HS (Graettinger)	Sac City Library	Fort Dodge HS	Algona
WebsterCityHighSchool (Carroll)	Fort Dodge AEA	Clarion MS	Webster City
Schleswig MiddleSchool (Carroll)	Emmetsburg CC	Spencer Library	Denison
Milford-OkobojiHS (Graettinger)	Spirit Lake CC	Sheldon CC1	Storm Lake
Sioux City AEA (Remsen)	Sioux City AEA	Sioux City Lib	Sioux City
Sioux Center AEA (Remsen)	Rock Valley HS	Holstein HS	Sioux Center
Humboldt High School (Carroll)	Paullina HS		Humboldt
			Milford

Product Recalls The Iowa Department of Public Health has launched a new web page containing listing and brief descriptions of products recalled by the Consumer Product Safety Commission www.idph.state.ia.us/hcci/recalls.asp. Check the Consumer Product Safety Commission website for complete listings or search for any recalled product at www.cpsc.gov. **Immunizations:** Besides handwashing, immunizations are the best defense against the spread of illness. Are your shots up to date? **Well Water:** If you have a private well, you are responsible for monitoring the quality of your drinking water. Do you know how often to test and what to test for? **Questions of including children with special needs?** If you need assistance, contact your local Child Care Nurse Consultant. Healthy Child Care Iowa **Talkline** is open 24 hours a day and 365 days/year. You may call this number for assistance with your health questions. You may also request free products which will assist you in your business—health forms, charts, handouts. A list of the products available is at www.state.ia.us/hcci.

Nurturing Children After Natural Disasters booklet gives basic information for child care providers to help children in their care. If a disaster occurred months or a year ago, or happened far away, it could still be having an impact on children. Helping children to cope with their feelings and feel safe is an ongoing process for child care providers. www.naccrra.org

Question: How do I use the new **Food Pyramid** with children? www.MyFoodPyramid.org Need ideas to teach nutrition to young children? www.nutritionexplorations.org/educators/lessons/chefcombo

Child Development Homes (Programs Registered by Department of Human Services) Check the web for home registration regulations or contact your local Child Care Home Consultant
http://www.dhs.state.ia.us/policyanalysis/policymanualpages/manual_documents/master/comm143.pdf

ChildNet

ChildNet training is 25 hours of interactive, applicable and supportive professional education developed for family child care professionals. Participants develop knowledge of and appreciation for the best practices relevant to early childhood care, education, and small business practice. It is recommended that you attend a CCR&R Orientation meeting before attending this training.

Module 1 A More Professional You-experience an overview of personal and professional conduct, including information about confidentiality, work ethics, embracing diversity and professional development.

Module 2 Creative Learning Spaces-gain helpful information on using space, relationships, materials, and routines as resources for constructing a safe, interesting, secure, and enjoyable environment for children

Module 3 The Growing Child- study an overview of the ages and stages of child development to become more aware of the individual differences in children.

Module 4 Activities for Early Learning-discover interesting and engaging activities that young children will enjoy. Learn how to plan and organize activities that provide quality, developmentally appropriate experiences.

Module 5 Keeping the Peace-learn about appropriate and effective guidance techniques to use with the children in your care

Module 6 It's Your Business-develop sound business practices-the key to a successful child care operation. Learn about budgeting, policies, agreements, record keeping, conducting interviews, parent communication and more.

Module 7 Reducing the Health Risks-learn how to cut down on the spread of illness and disease in your child care program. Successfully develop health policies that help protect you and the children in your care.

Module 8 What's Cooking-meet the nutritional needs of the children in your child care program. Learn about family style meals, nutrition activities, and practice making fun snacks.

Module 9 We All Belong-increase your awareness of how young children develop their identities and attitudes about gender, race, ethnicity, and physical abilities.

Module 10 Invest in Yourself A celebration to inspire and empower you-a professional child care provider-to invest in yourself personally and professionally.

At the successful completion of the 10 modules, participants may contact their home consultant and apply to become ChildNet Certified. This is a quality indicator in the proposed Iowa Quality Rating System (QRS) for child development homes in Iowa. Information on the new QRS will be available in March 2006.



Congratulations! We have more than 60 providers who are currently ChildNet Certified. ChildNet Certification is a quality indicator listed on our NACCRAware database. Providers who recertified chose to receive either an annual membership to NAFCC or a year's subscription to the TLC publication. ChildNet Certification is one of the quality indicators on the Iowa Early Care and Education Quality Rating System. At present, Iowa has almost 12,000 homes that provide care. Six of these have achieved NAFCC Accreditation, four of these programs are located in NW Iowa.

Module	ChildNet Class Titles	Remsen, Sat, 9-11:30 am	Sioux City Tues, 7-9:30 pm
1	A More Professional You	Jan 7, 2006	Jan 31
2	Creating Learning Spaces	Jan 14, 2006	February 7
3	The Growing Child	Jan 21, 2006	February 14
4	Activities for Early Learning	Jan 28, 2006	February 21
5	Keeping the Peace	Feb 4, 2006	February 28
6	It's Your Business	Feb 11, 2006	March 7
7	Reducing the Health risks	Feb 18, 2006	March 14
8	What's Cooking?	Feb 25, 2006	March 21
9	We all Belong	Mar 4, 2006	March 28
10	Invest in Yourself	Mar 11, 2006	April 4

Centers (Programs Licensed by Department of Human Services) Check the web for center licensing regulations contact your local Child Care Resource and Referral office or http://www.dhs.state.ia.us/policyanalysis/PolicyManualPages/Manual_Documents/Master/comm204.pdf

Welcome to Child Care Series

Plan to attend this ten-hour series that is designed to help you get started in the child care world. This series is intended for **child care center staff and directors** who are new to the field or need a review. Attendance at this series will meet first year training requirements for licensing. Center directors will receive \$100 for each staff member **who completes this 10 hour series in Sioux City**. The money is to assist with wages and expenses of staff attending this training.

Module 1 Becoming an Early Childhood Professional learn about work ethics, including appearance, professionalism, confidentiality, diversity and attitude. Participants will receive resource information for classrooms, field trips, and continued education. Also, a list of local and national contacts will be provided for professional development.

Module 2 Welcome to Your Classroom introduces participants to the basic verbal and written communication tools that they will need to use in a child care setting (with children, co-workers, parents and supervisors) Classroom management techniques will be discussed, as well as information on the use of learning centers in the classroom.

Module 3 Healthy and Safe Places for Children participants will become familiar with state licensing regulations and how they relate to keeping child care setting safe and healthy place for children. Also, basic information on nutrition, family style meal service, sanitation and nutrition activity ideas.

Module 4 Reducing the Risks in Child Care a child care nurse consultant will teach this session and discuss the transmission of diseases, and how to protect staff and children from transmission in the child care setting.

Module 5 Understanding and Guiding Young Children participants will learn about the specific developmental stages of infants through preschool-aged children. Developmentally appropriate practices will be introduced, as well as examples of activities for specific age groups. A variety of guidance techniques for use in early childhood will be discussed.

Sioux City Jan-Feb 2006 Choose from two Saturdays or five evenings *series incentive	Sheldon Rescheduled	Spirit Lake Rescheduled	Eagle Grove Oct 18-Nov 15 6:30-8:30 pm	Lytton Oct 20-Nov 17 6:30-8:30 pm
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Welcome to School-Age Care

This introductory series is intended to help orientate new staff and supervisors or provide a refresher for the more experienced **working with school-age children**. The curriculum is based on practices as outlined by the National Afterschool Association (NAA) and the American Academy of Pediatrics (AAP). Completion of this series will fulfill the 10 contact hour of training. **Participants who completed the series in Sioux City received a subscription to School-Age Notes.** The November issue featured information on bullying and December activity ideas for schoolagers.

Module 1 Your Role as a School-Age Care Professional learn about professionalism, including appearance, confidentiality, diversity and attitude. A variety of basic daily responsibilities will be discussed. Participants will receive information to assist them with professional development.

Module 2 We All Work Together verbal and written communication tools needed to work with children, co-workers, families, supervisors and school personnel

Module 3 How Do We Manage? learn a variety of effective classroom management techniques, including children with special needs

Module 4 Here's to Your Health child care nurse consultant will reinforce positive health and safety attitudes and protecting health of staff and children

Module 5 Plan to Be Busy! learn how to set up a developmentally appropriate school-age environment and how to involve children in lesson planning.

Sioux City	Spencer/Sibley	Fort Dodge	Cherokee	Humboldt	Lytton
Aug 27 Sept 10			Spring 2006	January 2006	Oct/Nov 2005

The time children spend in child care has a lasting impact on their growth and development, as well on their ability to succeed in school and life.







Part of building a quality program is knowing quality

Child Care Resource and Referral Sioux City Area Office invites you to a

Celebration for Early Care and Education Professionals

Wednesday, December 7 from 6:30-8:30 pm at the

CCR&R Area Office in Sioux City, 2101 Court Street, 4th floor training center

-  *How state initiatives will affect you and your business*
-  *Professional Recognition*
-  *What's happening in Siouxland*
-  *Training Kickoff for 2006*

Please call CCR&R in Sioux City 712-277-1180 or 888-270-1180 to R.S.V.P. for this event. A one hour training certificate will be given to participants. Training Presentation will be 7-8 pm. (Class limit is 80)

Iowa Program for Infant/Toddler Care Givers (PITC) FREE Training Contact Infant Toddler specialist in the Remsen Office 1-800-859-2025. An infant- toddler library and on-site consultations are also available as part of the PITC program.



*PITC trainings utilize videotapes and materials developed by West ED and the CA Dept of Education. This 50 hour program is designed to improve the quality and availability of infant and toddler care in Iowa and offer support and **technical assistance for those providing infant toddler care through the infant-toddler specialists located at CCR&R offices.** This training helps adults understand how to give loving care to support the intellectual development of babies. Materials and activities help providers learn to read each child's cues and build strong relationships with babies and their families. This year, PITC training is being held in **Sioux City, Emmetsburg, Fort Dodge, and Sioux Center** . An infant-toddler library is also available.*

Module 1 Social-Emotional Growth and Socialization the focus of this series of five classes will be on social-emotional milestones, responsive caregiving, temperament and individual differences in group care, meeting children's emotional needs, and guidance and discipline with infants and toddlers in group care.

Module 2 Group Care a series of five 2-hour lessons focusing on group care in homes and centers. This series of training looks at the development of relationships through concepts of intimacy in groups, routines of care, and the importance of the environment where care takes place. Topics include routines as curriculum, primary care/continuity of care, environments and respectful care.

Module 3 Language & Development this series explored the developing cognitive, social, emotional, physical and language skills of young children, with an emphasis on infant and toddlers. Discusses the role of caregiver in creating a care setting that will allow each individual infant or toddler to develop at his or her own pace. Topics include facilitating learning, discoveries of infancy, brain development, special needs and language development

Module 4 Creating Positive Caregiver-Parent Relationships Overview of learning, responding to families in culturally sensitive ways, protective urges, responsive home visiting. **Module 5 Special Needs** Instructors are currently being prepared for this module.

NEW! Environmental Rating Scales were created for self-assessment and to be used for quality improvement. Learn how to use this tool. This 6 hour training will be offered FREE at four locations.

Environmental Rating Scales	Emmetsburg	Fort Dodge	Sioux City	Sioux Center
*Centers:Dates to be determined	*contact Kari Daale in Remsen for information on the scale for centers			
Home Child Care	Family Day Care Environmental Rating Scale Training			
FDCERS #1	Jan 3, 2006	Nov. 28, 2005	Jan 10, 2006	Jan 26, 2006
FDCERS #2	Jan 10, 2006	Dec 5, 2005	Jan 17, 2006	Feb 2, 2006
FDCERS #3	Jan 17, 2006	Dec. 12, 2005	Jan 31, 2006	Feb 9, 2006
Module 3 Language				
1 Facilitating Early Learning	Jan 31, 2006	Feb 6, 2006	Feb 21, 2006	Feb 23, 2006
2 Discoveries of Infancy	Feb 7, 2006	Feb 13, 2006	Feb 28, 2006	Mar 2, 2006
3 Brain Development in Infancy	Feb 14, 2006	Feb 20, 2006	Mar 7, 2006	Mar 9, 2006
4 Special Needs	Feb 21, 2006	Feb 27, 2006	Mar 14, 2006	Mar 16, 2006
5 Language and Communication	Feb 28, 2006	March 6, 2006	Mar 21, 2006	Mar 23, 2006
Module 4 Positive Relationships				
1 Culture, Family and Providers	March 7, 2006	March28, 2006	Mar 28, 2006	Mar 30, 2006
2 Sensitive Infant Care	March 21, 2006	April 4, 2006	April 4, 2006	April 6, 2006
3 Responding to Families	March 28, 2006	April 11, 2006	April 11, 2006	April 13, 2006
4 Protective Urges	April 4, 2006	April 18, 2006	April 18, 2006	April 20, 2006
5 Responsive Home Visitation	April 11, 2006	April 25, 2006	April 26, 2006	April 27, 2006

NOW is the time to apply for college!! ***Early Childhood Iowa***
Teacher Education and Compensation Helps (T.E.A.C.H.)

Iowa is one of 22 states in the nation licensed to implement T.E.A.C.H.-Early Childhood. *We are part of a larger movement responding to the demand for a more highly educated work force.* Registered home providers, center, preschool, Head Start staff, and child care center directors who work at least 30 hours per week in a regulated child care program may be eligible for a T.E.A.C.H. scholarship for college. *Start attending classes part-time at an Iowa community college that is convenient for you! Assistance with Child Development Associate (CDA) credential fees is also available. *If you have access to a computer, many college classes are available on-line.* For more information or an application, contact bmerrill@iowachildnetwork.org or 515-883-1206 ext 129. In Northwest Iowa, we have the following colleges that offer Early Childhood Programs:

*Iowa Lakes Community College: Fort Dodge (Storm Lake) www.iowalakes.edu

*Iowa Central Community College: Emmetsburg (Estherville, Spencer, Spirit Lake, Algona) www.iowacentral.com

*Western Iowa Tech Community College: Sioux City (Denison, Cherokee, LeMars) www.witcc.com

Briar Cliff University: Sioux City www.briarcliff.edu

Buena Vista University: Storm Lake www.bvu.edu

Dordt College: Sioux Center www.dordt.edu

Northwestern College: Orange City www.nwciowa.edu

Need help with your career options or understanding these credentials? Please contact the CCR&R training coordinator dproeschel@mid-siouxopportunity.org or 1-888-270-1180 or 712-277-1180.

Additional ways for you to invest in quality:

Child Development Associate Credential www.cdacouncil.org

National Association for Family Child Care Accreditation www.nafcc.org

National Association for the Education of Young Children Accreditation www.naeyc.org

National Afterschool Association Accreditation www.naaweb.org

Iowa Quality Preschool Performance Standards Mary.Schertz@iowa.gov or dproeschel@mid-siouxopportunity.org

National Administrator Credential (NAC) Training for center directors. This comprehensive forty (40) hour training for child care and education administrators provides the only nationally recognized director credential. Topics include program development, staff and systems management, facility, legal issues, financial management, community relations and professional/self-development. The training is being planned for **Emmetsburg the week of March 13-17** and **Sioux City, the week of June 12-16**, 8 am to 5 pm. Class is limited to 20 participants. Financial assistance is available. For more information on this training, contact Kathy Zarghami, child care business practices program www.iowachildnetwork.org or 515-883-1206 ex 126 or the national organization at www.nccanet.org **231 directors completed this training last year in Iowa.**

Child Care, Parents, & Work: the Economic Role of Child Care in Iowa

New research study from Iowa State University looks at ways child care supports the vitality of the Iowa economy. Presented at Early Care and Education Congress held in Des Moines on November 8-9, 2005. Katherine Larson katelar@iastate.edu. Susan Hegland, Ph.D. shegland@iastate.edu

Training in Your Local Community

Business Basics *Contact Your Local Child Development Home Consultant*

Cheryl Ferrie *Woodbury County* *712-277-1180 or 1-888-270-1180* ***Planned for March 15, 22, 29, 2006***

Gale Randall *1-800-859-2025* *Lyon, Sioux, Plymouth, Cherokee* ***Planned for Feb 15,22, Mar 8 Orange City***

Gale Randall *1-800-859-2025* *Ida County* ***Planned for Ida Grove Jan 11, 18, 25, 2006***

Three part series for persons caring for children in their own home. Obtain tips on setting up your home business. Learn the 7 rules of good record keeping, tips on getting better organized, and resources to help you in your home business. A **business kit** valued at over \$70 will be given to each participant at the completion of the series. Additional topics include marketing your business, taxes, contracts, and policies.

Health and Safety Training *Contact Your Local Child Care Nurse Consultant*

Kim Gergen *Lyon, Sioux, Plymouth, Cherokee, and Ida Counties* *1-800-859-2025*

Sue Nielsen *Woodbury County* *712-279-6119*

Northwest Iowa Community Empowerment Benefits for Beginners designed to provide enhanced training opportunities for child care providers in **Lyon, Sioux, Plymouth, and Cherokee** counties. Contact Ann Bowman in the Remsen office.

Plymouth County Mini Conference Feb. Le Mars, Floyd Valley Hospital, Healthy Kids Gang, 8am- 12 noon

Babysitter to Business Owner **Patricia Dischler** April 8, 2006 8-12 noon, Floyd Valley Hospital, LeMars

Child and Adult Care Food Program (CACFP) is an extension of the national school lunch program which reimburses registered child development homes for a portion of the cost of serving nutritious meals. All participants in the food program need to attend a nutrition in-service training annually. Your local CACFP representative will inform you of approved classes.

Mid-Sioux Opportunity, Inc. **Clydene Canady** 1-800-859-2025 or 712-786-3492

Souper Suppers December 5, 2005 7-9 pm Le Mars FREE to Mid-Sioux CACFP All others \$5.00

Community Action Agency of Siouxland (Woodbury County): **Tami Herbert** **712-274-1610 ext 225**

Food Safety January 19, 2006 Sioux City 2711 S. Helen 6:30-8:00 pm

Infants April 4, 2006 Sioux City 2711 S. Helen 6:30-8:00 pm

Area Education Agencies

Every Child Reads This literacy training developed by the Iowa Department of Education as part of a statewide initiative for early care and education professionals to promote literacy. Learn how you can enhance language, reading and writing skills of 3-5 year old children. This literacy training is held over a period of 12 weeks. Participants must be working with 3-5 year old children in a center or home. Homework will be given. Contact Mary Groen (AEA 12) 1-800-352-9040 or 274-6000 ext 6122 mgroen@aea12.k12.ia.us or Audrey Hansen (AEA 4) ahansen@aea4.k12.ia.us. This series is planned for Woodbury, Ida, Cherokee, and Crawford counties. *This summer (2006) the AEA 4 and AEA 12 agencies will merge to form Northwest Iowa AEA.*

Hospitals

Mercy Hospital www.mercysiouxcity.com **Kindersign** Focus on how to communicate with your baby using sign language. For those who care for children under the age of 2. Thursday, Nov 17 6:30-8:30 pm call 712-279-2995. Fee is \$15. **Grandparenting** If you provide child care for your grandchildren, check out changes in child rearing in the past 20 years in the Grandparenting class (also available on-line.)

Iowa Public Television

IPTV broadcasts 11 hours of non-violent, non-commercial, educational children's television programming each Monday through Friday. Subscribe to Ready to Learn eNews for great ideas to engage children in learning activities. IPTV is also partnering with the community to bring training to providers. KinderNature, Healthy Kids Gang and The New food Pyramid are a few classes held this fall. Contact Lisa Albers for 2006 information at lisa@iptv.org or 1-800-532-1290. The Mr. Roger's Neighborhood ***Mad Feelings*** monthly newsletter is still available, featuring weekly topics and activities dealing with anger management and challenging behaviors in young children as well as great teaching ideas.

Self-study: Teaching, Learning Caring is a theme-based newsletter that has an option for self-study training (and has received approval for self-study training by DHS.) If you are a new child development home provider, your child care home consultant will offer you a **free annual subscription** as part of your first home visit. By reading the information and completing the worksheet, you can receive in-service training hours right in your home. For more information, www.everydaytlc.com. There is a fee for this training.

This year the Iowa Legislature directed DHS to revise the rate table for all registered and licensed child care providers based on the 2002 market rate survey. The effective date for the new rates is September 1, 2005. New **Child Care Assistance Provider Agreements** were mailed to providers with instructions for a rate review. For more information, contact CCR&R Provider Services or your local DHS office. Licensed centers and registered homes have a **higher reimbursement rate** than non-regulated environments.

Iowa Association for the Education of Young Children (IAEYC) has grants available for members. www.iowaaeyc.org or contact the business manager 800-469-2392.

Questions about unions organizing and family child care? Read the article in **National Association for Family Child Care (NAFCC) Newsletter**, Summer 2005 or search *unions* in the Redleaf National Institute web page www.redleafinstitute.org. Mileage reimbursement rate increases in September due to the increase in gas prices. Check the November Newslink and RNI eLibrary.

Vicki Harris, Fort Dodge and **Jeff Johnson, Sioux City** have accepted positions on the **NAFCC board**. www.nafcc.org. Congratulations and thanks for your involvement.

New report stresses the importance of investing in CCR&R to **improve the quality of family child care**. Download a copy of the report ***In Our Own Backyards***, by the Institute for Women's Policy research www.iwpr.org.

Each year, Child Care Resource and Referral conducts a **rate survey of child development homes and child care centers**. The results include the minimum, maximum and average rates in a number of age and payment categories. For information on your county, contact our CCR&R **data specialist** in Remsen (Karmin) or CCR&R **provider services** coordinator in Sioux City (Dianne.)

Financial Assistance for Child Care: How does a parent get help paying for child care? Who can get financial assistance for child care? How does a provider know a family will receive child care assistance? How does a provider get application forms, become approved and get paid in this program? How are rates determined? www.dhs.state.ia.us/dhs2005/dhs_homepage/financial_support/child_care/need_help.html or the DHS office serving your county.

Early Care and Education Professional Development-- Northwest Iowa. *Send registration and payment to the CCR&R Regional Office in Remsen:*

**Mid-Sioux Opportunity-CCR&R Training
418 South Marion Street
Remsen, IA 51050**

Class Name/Instructor	Date/Time	Location	Fee	Contact
Orientation to CCR&R Services	Sat., Nov. 19 8:30-10:30	Sioux City 2101 Court St	FREE	Call Dianne Orr, Provider Services in Sioux City Area office 712-277-1180 or 1-888-270-1180 to sign up for this class
	Mon, Nov 21 7-9 pm	LeMars, Blue Bunny Ice Cream Parlor, Hwy 75	FREE	
	Mon, Jan 23 7-9 pm	LeMars Blue Bunny Ice Cream Parlor, Hwy 75		
	Saturday, Jan 28 8:30-10:30	Sioux City 2101 Court St		
Mandatory Child Abuse Reporter Training ICN Identifying and Preventing Child Abuse	Monday, Jan 9 6:30-8:30 pm	Sioux City AEA 12 Morningside Ave	\$5	Use CCR&R Registration form included in this publication
		Sioux Center AEA 4 1382 4 th Ave NE	\$5	
ChildNet Series	Sat, Jan 7-Mar 11 9-11:30	Remsen CCR&R, 418 S. Marion Street	\$25	Use CCR&R Registration form included in this publication
	Tues, Jan 31-Apr 4	Sioux City, 2101 Court St	\$25	
Universal Precautions & Exposure Control Plan ICN	Monday, Dec 5 6:30-7:30 pm	Sioux City AEA 12 1520 Morningside Ave.	\$5	Use CCR&R Registration form included in this publication
		Sioux Center AEA 4 1382 4 th Ave NE	\$5	
Family Day Care Environmental Rating Scale (FDCERS)	Jan 10, 17, 31	Sioux City, 2711 S. Helen	FREE	Contact Kari Daale 1-800-859- 2025 or 712-786-3499 to register for these classes.
	Jan 26, Feb 2, 9	Sioux Center, 232 16 th St New Life Reformed Church	FREE	
Kindersign	Nov 17 6:30-8:30 pm	Sioux City, Mercy Hospital, Leiter Room	\$15	Pre-register at Mercy 712-279-2995
Woodbury CACFP- Food Safety	Jan 19 6:30-8:30	Sioux City, 2711 So. Helen	FREE	Tami Herbert 712-274-1610 ext 225
CELEBRATION for Early Care and Education Professionals	Wed. Dec 7 6:30- 8:30 pm (Training 7-8 pm)	2101 Court Street, 4 th Floor Training Center	FREE	Please pre-register using the registration form in this publication
Welcome to Child Care	Planned for 2 Saturdays or 5 evenings in Jan or Feb 2006. \$100 (each employee) incentive for directors who send staff that complete the series.			Contact CCR&R for a brochure and additional registration information
Business Basics	Arrangements are still in progress. Planned for Ida Grove, Orange City and Sioux City			Brochures will be available in December
CACFP Souper Suppers	Dec 5, 2005 7-9 pm	Floyd Valley Hospital, LeMars		Contact Clydene 1-800-859-2025

<i>Trainings and Conferences</i>	<i>Date</i>	<i>Location</i>	<i>Contact</i>
National Association for the Education of Young Children Centering on Centers Bev Bos	Dec 7-10 Fri-Sat Jan 20-21, 2006	Washington, DC Sioux City	www.annualconference.naeyc.org Information will be available in December, 2005
Minnesota School-Age Care Association	Feb 2-4	St. Paul, MN	612-709-7157 or brains@mnsaca.org
National Afterschool Association	Feb23-25	Louisville, KY	www.naaweb.org
NACCRRRA 18 th Annual Policy Symposium <i>Core Values, Changing Needs, New Approaches</i>	Feb 21-25	Washington,DC	www.naccrra.org/conferences
Midwest Association for the Education of Young Children	Apr 27-29	Omaha, NE	www.nebraskaeyc.org
National Association for Family Child Care	July 26-29	Orlando, FL	www.nafcc.org

Child Care Resource & Referral **Self Study Video Training** Information. As of September 1, 2005, self study videos will no longer be housed at the CCR&R office in Remsen and Sioux City. The videos have been placed in two public library locations in Northwest Iowa: Orange City and Sioux City. Since the libraries have hundreds of videos, you will need to **select the videos that are available for CCR&R in-service training credit**. Use the library card catalog to locate the videos (see below.) Individuals may obtain training credit for viewing the videos by completing a self-study module that relates to the content of the video. To receive a self-study worksheet for in-service hours, call or e-mail the regional training office in Sioux City—giving the name of the video. A packet will be mailed to you. Return the completed packet to the CCR&R training coordinator for review. After successful completion, an in-service training certificate will be mailed to the address you list on the evaluation page. These videos have been selected because they are produced by a reputable source and contain current information that is pertinent to the early childhood profession.

Orange City Public Library Key word for search is **Child Care**

Sioux City Public Library Key word for search is **CCR**

To reserve a video on-line in Sioux City, go to www.siouxcitylibrary.org, click on ecatalog/databases. Enter the keyword “CCR” for the library’s current listing. **Call the CCR&R Regional Training office at 1-888-270-1180 or 712 277-1180 or e-mail request for self-study paperwork to Donna Proeschel dproeschel@mid-siouxopportunity.org**

Remember to Update... Parents seeking child care depend on CCR&R to provide accurate information about providers who have current openings. We need you to keep us updated about whether you have openings in your program.



Phone: 1-800-859-2025



Web: www.mid-soiouxopportunity.org/ccr or



Mail: Mid-Sioux Opportunity/CCR&R, 418 S. Marion Street, Remsen, IA 51050

Local Networking and Support Organizations

Professional organizations promote quality child care through education and support.

County	Contact	Telephone
Buena Vista	Veronica McFadden	712-213-0110
Clay & Dickinson	Carrie Calhoun	712-262-9590 or 877-863-3352
Emmet	Beth Heifner	712-362-2734
Fort Dodge	Julie or Kristin	515-576-4088
Palo Alto & Kossuth	Kristin Faber	515-424-3211
O'Brien & Osceola		
Plymouth	Karen Mayrose, Shirley Greaves	
Pocahontas	Barb Reinbolt	800-999-5101
Webster County	Julie or Kristin	515-576-4088
Woodbury County	Siouxland Professional Family Childcare Association	712-202-1627 or spfca@cableone.net
Wright County		

Iowa has 787 licensed child care centers and 208 have NAEYC Accreditation. 24 of these centers are in Northwest Iowa. Financial assistance is available for accredited programs facing the increased cost of accreditation renewal.

Over the past two decades, both the state and nation have witnessed a rising interest in child care issues and a pressing demand for better care. The key to quality care is professional development of teachers and caregivers. Recent research shows that high-quality child care leads to positive outcomes for children, and that caregiver education and training are keys to providing good care. Here are some of the findings from the last 15 years:

- ❖ Staff education and training have been demonstrated to be among the most critical elements to preventing harm to children and in improving children's experiences and development in child care. (How Safe? The State of the State Efforts to Protect Children in Care, 1995)
- ❖ When family child care providers obtain training, researchers found children were more securely attached to their caregivers, more engaged in activities, and spent less time wandering about aimlessly (Galinsky, Howes and Kontos, 1995)
- ❖ Children score better on tests of cognitive and social competence when their caregivers have higher levels of child related training and formal education (Clarke-Stewart and Gruber; 1984)
- ❖ Teacher preparation (both pre-service and in-service) significantly predicts program quality. Higher program quality is linked to more positive child outcomes, especially in terms of language and representational skills-both critical for school success (Epstein, 1994)
- ❖ Overall education levels of caregivers appear to positively affect outcomes for children (Berk, 1985; Whitebrook, Hower and Phillips, 1989)
- ❖ Experience alone is not a predictor of effective caregiving (Hower 1983; Kontos and Kiene 1987) and has actually been linked to less cognitive and social stimulation of infants and increased apathy among infants (Ruopp, Travers, Glantz and Coelen, 1970)
- ❖ The education of child care teaching staff and their work environment are essential determinates of the quality of child care received. Teaching staff provide more sensitive and appropriate caregiving if they have completed more years of formal education and have received early childhood training at the college level (The National Child Care Staffing study, 1988)

Working with children is a profession that requires knowledge of how children grow and develop, skills to communicate effectively with children and parents, and a great amount of dedication and love for the work. Contrary to what many believe, working in child care is not "just babysitting" or an extension of parenting—"women's work". People are not born with the skills to effectively work in classrooms or to run a family child care business. Specialized education and training are essential for these individuals to succeed.

First Aid and CPR Class Contacts

First Aid and CPR do not count as annual in-service professional development hours. Check your card for your renewal date. First Aid and CPR must be a nationally recognized training.

County	Contact	Telephone
Buena Vista	Bill Robinson	712-229-1104
Cherokee	Marilyn Cherokee Red Cross	712-225-4507
Clay	Rachelle Fratzke	712-264-6117
Crawford, Calhoun	Denison Fire Station	1-800-999-5101
Dickinson	Steve Hopkins	712-336-2889
Emmet	Steve Dobbins	1-800-242-5108 ext 2420
Hamilton	Public Health Office, Webster City	515-832-9565
Humboldt		
Ida	Horn Memorial Hospital	712-364-3311
Kossuth	Tammy Wagner	515-295-7513
Lyon (Rock Rapids)	Pioneer Comm. Hosp Carol Huff	712-472-2591
Palo Alto	Steve Dobbins	800-242-5108 ext 242
O'Brien	Sheldon NCC or Bill Robinson	712-229-1104
Osceola	Julie Schroeder	712-754-2574
Plymouth	Floyd Valley Hospital	546-3401 or 800-642-6074 ext 401
Pocohantas		1-800-999-5101 or 712-792-6440
Sac	Loring Hospital, Carol Groen	712-622-7105
Sioux	Orange City Hospital Hegg Memorial Hospital, Rock Valley Hawarden Community Hospital	800-808-6264 712-476-8000 712-551-3127
Webster	Fort Dodge Red Cross	515-576-1911
Woodbury	Siouxland Red Cross Kim Hansen, American Heart Association Western Iowa Tech Tri-State Nursing	800-340-4081, 712-252-4081 712-293-4733 274-6404, 800-352-4649 ext 6404 800-727-1912 712-277-4442
Wright	Kathy Dahgren	515-532-2975



CCR&R Registration Policies and Procedures

1. Only mail-in registration is accepted for CCR&R sponsored classes. Registration will NOT be accepted without payment. Only paid participants will have space reserved for them and receive materials and handouts.
2. Use a separate registration form for each person taking a class.
3. Send the registration form to the regional office listed on the registration page. **If a phone number and contact person is listed next to the training, please call that number for registration details.** You may make copies of the registration form. Please include payment with your registration.
4. Classes fill quickly. Registration will be processed in the order received in the regional office.
5. Cancellation Policy: Child Care Resource and Referral has a no refund policy-cancellations will be honored one week in advance of the class start date only. There are no class refunds...you will be issued a credit voucher to be used as payment for another class. Classes cancelled by CCR&R due to low enrollment or instructor absence will be refunded. Pre-registered participants will be notified.
6. **Registration closes 7 days prior to each class start date. At this time, it will be determined if a class will be held.**
7. Assume your registration is confirmed, unless otherwise notified.
8. Please do not bring children to class. We have no way to provide supervised care for children and it is distracting to all class participants. This time is for adult professional development. It is not appropriate for children to attend with you.
9. Please turn off all cell phones and pagers while in class.
10. Persons **arriving more than 10 minutes late or leaving early from the class** will not receive a training certificate for the hour training.
11. Certificates will be given **ONLY to paid participants.**

Registration Form

Mail payment and registration for these CCR&R classes to:

**Mid-Sioux Opportunity, Inc.
Child Care Resource and Referral Training
418 South Marion Street
Remsen, IA 51050**

First Name			Last Name		
Mailing Address					
City		State		Zip	
E-mail					
Day Phone			Cell or Evening Phone		
Total Payment Enclosed			\$		
Name of School/Center/Program				County YOU WORK IN	
Class Fee	Class Name	Class Date	Day of Week	City/Class Location	Fee
FREE	Orientation to CCR&R				
\$25	ChildNet				
\$10	Welcome to Child Care				
\$10	Business Basics				
FREE	Celebrate!				
\$5	Universal Precautions				
\$5	Mandatory Reporter Training				
Total classes registered _____ Please enclose payment with your registration and mail to the address listed above.				Total Payment Due \$ _____	

Mark Your Calendar!

Eleventh Annual Centering on Centers Conference - Sioux City

Friday, Jan 20 *Creative Art, Music, and Language & How do children grow?* Bev Bos

Saturday, Jan 21 *Active Learning for Children* Lori Smith and Shelly Bromwich

Bev Bos is a nationally known speaker from Roseville, California. She has given over six thousand workshops to early childhood educators and caregivers throughout the United States and Europe. She is widely recognized as one of the nation's most inspired role model for nurturing the early child, family and caregiver.

“Young Children...from Head to Toe”

focusing on developmentally appropriate activities for children 3 to 6 years of age

“Childhood is a precious time, one that grows even shorter as we expect more and more of our children at earlier and earlier ages.”

Bev Bos

Brochures will be available December 2005

Mid-Sioux Opportunity, Inc.
CCR&R Region 1
418 S. Marion Street
Remsen, Iowa 51050

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Number #30



This is the eighth publication of a combined, regional training booklet listing training opportunities for 6 counties in Northwest Iowa. It will be updated quarterly, until a statewide training calendar is available.