



CCR&R Training Newsletter

Child Care Resource & Referral of Northwest Iowa

January/February/March 2010

Education opportunities and resources for early care and education

Funding provided by the Iowa Department of Human Services through the Child Care Development Fund.

Hello Child Care Professionals!

I hope winter is finding you healthy, safe, warm, and ready for the new year. The annual CCR&R Training Catalog is a great tool to “kick off” the new year right. Professional development training opportunities are planned through June 30. We will begin planning for our new fiscal year (July 1, 2010—June 30, 2010) in February.

The catalog is also updated at least once a quarter to keep you informed of any changes in training details. The catalog is available on the homepage of our website, www.midsioux.org/ccr. Visit our website and update your training catalog!

Below is information that can assist you.

- * Find NAC training opportunities at <http://www.nccanet.org/index.cfm>
- * We need your email address! CCR&R is emailing all training brochures and information. If you are not receiving our emails, please contact us and update your information.
- * Welcome To Child Care (WCC) training has been revised. It is designed for child care center staff and preschool staff. If you attended WCC training in the past, you are still able to attend the revised WCC because the curriculum is new. Training now has 6 2-hour modules: 1) Professionalism and You 2) Creating Spaces for Learning 3) Understanding Early Learning 4) Reducing Health Risks 5) Supporting Healthy Living in Young Children 6) Guiding Young Children
- * Mandatory Reporter and Universal Precautions training is now available online.
- * Training that is approved for NAC credit—Eager to Learn, Positive Behavior Support, PITC directors academy, PITC module 5, Beyond Business Basics, ECERS, ITERS, and SACERS
- * The following trainings may use the training hours to fulfill two year of DHS training requirements (can carry over between two registration/license periods)—ChildNet, PITC, Beyond Business Basics, and the revised Welcome to Child Care
- * Because self-study training videos do not meet best practice standards of a quality learning environment, Iowa CCR&R agencies encourage Iowa child care providers to utilize other options to meet training hours. Please be advised that [CCR&R of Northwest Iowa \(region1\)](#) will no longer offer video self-study training effective January 1, 2010. Self-study training options include online training.
- * Iowa CCR&R Network Training Policies and Procedures are available at www.midsioux.org/ccr
- * A professional development guide is available at www.midsioux.org/ccr. This document lists the training, training descriptions, approved training organization, and the total number of training hours.

If you need assistance or have questions, please contact me.

Melissa Tolzin, CCR&R Regional Training Coordinator



Happy New Year!

With the New Year, Child Care Resource & Referral has some great news about our Regional Professional Development Coordinator, Sarah Smith. We are very happy to announce that she will continue to be with us in 2010! Sarah's position was originally funded through the Iowa Office of Empowerment, but with the budget cuts, was going to be eliminated on December 31, 2009. We are very happy to share that our Regional Professional Development Coordinator will now be able to stay employed with Child Care Resource & Referral until June 30, 2010. Mid-Sioux Opportunity, Inc. is using a portion of their American Recovery and Reinvestment Act (ARRA) Stimulus Funds for her position. She will continue services throughout Region 1 by providing advice, technical assistance, informational meetings, presentations, consultations, and support with any provider working in early childhood who wants to obtain their CDA (Child Development Associate Credential) or any other higher education degree. Sarah will also be available to do the Advisor Observation piece of the CDA process. Starting January 4th, please contact Sarah from 9:00 – 5:30pm Monday, Tuesday, Thursday, and Friday at 712-786-3429 or at srsmith@midsioux.org

Child Development Associate Credential

What is the CDA?

The CDA (Child Development Associate) Credential is a nationally recognized credential awarded to those who have demonstrated the required competency through both experience and education in working with young children ages birth through five years. The CDA Credential is awarded to three groups: infant/toddler child care teachers, preschool teachers, or family child care providers.

The CDA meets requirements for the Quality Rating System (QRS) and accreditation with the National Association for the Education of Young Children (NAEYC) and the National Association for Family Child Care (NAFCC).

How do I earn the CDA Credential?

In order to receive the CDA Credential, you must meet the eligibility requirements, complete 120 clock hours of early childhood education through training hours or college credits, create a professional resource file, distribute/collect parent opinion questionnaires, complete a formal observation, complete an oral interview, and complete a written assessment.

Formal child care education and training in our state is offered in a variety of ways. Several colleges have a specific CDA course for college credit. Other colleges have a non-credit course specific to the CDA requirements. Or you can take trainings offered through CCR&R, AEA, ISU, Head Start, or any other entity approved through DHS that count towards the required 120 clock hours. You may use a combination of training hours and/or college credits towards your CDA 120 clock hours. The 120 hours of formal child care education needs to be within the past five years with a minimum of ten hours in each content area.

There are 8 content areas:

1. Planning a safe, healthy environment to invite learning
2. Steps to advance children's physical and intellectual development
3. Positive ways to support children's social and emotional development
4. Strategies to establish productive relationships with families
5. Strategies to manage an effective program operation
6. Maintaining a commitment to professionalism
7. Observing and recording children's behavior
8. Principles of child development and learning



T.E.A.C.H. Early Childhood® IOWA – Growing Stronger Every Day

Submitted by Barb Merrill, Iowa AEYC Executive Director and Program Manager, T.E.A.C.H.

In tough economic times, sometimes programs suffer and enthusiasm drops for an initiative or project. Not so for the T.E.A.C.H. program! In the fiscal year that just ended, our participation rose and our outcomes were better than ever.

T.E.A.C.H. is the program that assists you as a registered child development home provider, or a director, teacher or assistant teacher in regulated preschool or child care center to earn college credits towards degrees in early childhood education, CDA credentials, and early childhood endorsements for teaching licenses. Together, you, your program, and T.E.A.C.H. (with the assistance of our funding partners) invest in your formal education. Often your program is working on the Quality Preschool Program Standards, NAEYC accreditation, Head Start standards, or the Quality Rating System, and your education supports this effort. It's also good for the children you care for, and provides you with the professional development for your own career journey!

There are four components of every T.E.A.C.H. investment:

Scholarship
Education
Compensation
Commitment

Scholarships are what most people think of when considering T.E.A.C.H. Our scholarships help support tuition, book costs, travel/Internet stipends, release (substitute) time, compensation increases, and more. In 2008-09, **540** providers/teachers/directors from across the state had a T.E.A.C.H. scholarship. This brings the total of those assisted by T.E.A.C.H. since 2003 to just under 1000 early care and education practitioners. They were employed in 354 different child care/preschool programs. Of these, 142 were working to achieve their CDA credentials, 342 completing associate degree coursework, and 56 attaining bachelors' degrees or early childhood endorsements.

What successes did the participants have?

These participants completed **4037 college credits**.

Those attending a community college averaged **13.6 credits** during the year, and those attending a four year college completed **18.7 credits** this year.

Grade point averages of those on T.E.A.C.H. Iowa associate contracts averaged **3.5 out of 4.0**.

35 completed their requirements and graduated from college.

T.E.A.C.H. only supports formal, higher **education** at the college of your choice in Iowa. In 2008-09, our participants attended **25** different colleges throughout the state.

Compensation increases for those in our field is a critical need. In 2008-09, those who completed at least one T.E.A.C.H. contract saw a **wage increase averaging 7%**. This does not include T.E.A.C.H. bonuses of \$200 - 800 for those who were eligible.

In our field, turnover has been a problem. Children need consistent caregivers. In our field, turnover is often 30-40% per year, at a cost to a program of \$2500 on average, every time a staff member leaves. Over **95%** of those who completed a T.E.A.C.H. contract in 2008-09 fulfilled their **commitment** to stay in their current early care and education facility.

One hundred percent of those participating in the program this year and returned their evaluation forms to us said they would recommend this program to others. How about **YOU**? Want more information? Call a T.E.A.C.H. counselor for more details – (515) 331-8000 or (800) 469-2392 or visit our website at www.iowaeyc.org.



ChildNet

Intended Audience: Home Child Care Professionals only

Fee: \$25

Module	Module Title	Webster City	Fort Dodge	Aurelia	Ida Grove	Sioux City	LeMars	Laurens	Belmond	Graettinger
1	A More Professional You	1/5/10	2/2/10	2/6/10	3/2/10	3/2/10	3/4/10	3/15/10	TBA	5/6/10
2	Creative Learning Spaces	1/12/10	2/4/10	2/6/10	3/9/10	3/9/10	3/13/10	3/22/10	TBA	5/8/10
3	The Growing Child	1/19/10	2/9/10	2/13/10	3/13/10	3/16/10	3/13/10	3/27/10	TBA	5/8/10
4	Activities for Early Learning	1/26/10	2/13/10	2/13/10	3/13/10	3/23/10	3/18/10	3/27/10	TBA	5/13/10
5	Keeping the Peace	2/2/10	2/13/10	2/20/10	3/16/10	3/30/10	3/27/10	3/29/10 (mod 7)	TBA	5/20/10
6	It's Your Business	2/9/10	2/16/10	2/20/10	3/23/10	4/6/10	3/27/10	4/5/10	TBA	5/22/10
7	Germes: Yours, Mine, and Ours	2/16/10	2/18/10	2/27/10	3/27/10	4/13/10	4/10/10	4/10/10 (mod 5)	TBA	5/22/10
8	What's Cooking?	2/23/10	2/23/10	2/27/10	3/27/10	4/20/10	4/10/10	4/10/10	TBA	5/27/10
9	We All Belong	3/2/10	2/27/10	3/6/10	3/30/10	4/27/10	4/15/10	4/12/10	TBA	5/29/10
10	Invest in yourself	3/9/10	2/27/10	3/6/10	4/10/10	5/4/10	4/22/10	4/19/10	TBA	5/29/10

Webster City: Tuesdays • 6:30-9pm • Empowerment Building, 500 Fair Meadow Dr Suite A • Mail registration and payment to the Graettinger CCR&R office

Fort Dodge: Tuesdays & Thursdays 6:30-9pm, Saturdays 9-3pm, 2/18/09 6-8:30pm • ICCO, 300 M Ave • Mail registration and payment to the Graettinger CCR&R office

Aurelia: Saturdays • 8:30-11am/11:30-2pm • St. Paul Lutheran Church, 501 Locust St. • Mail registration and payment to the Remsen CCR&R office

Ida Grove: Tuesdays 6:30-9pm, Saturdays 8:30-11am/11:30-2pm, 4/10/10 8:30-11am • Horn Memorial Hospital room 102, 701 East Second St. • Mail registration and payment to the Remsen CCR&R office

Sioux City: Tuesday • 6:30-9pm • AEA room G, 1520 Morningside Ave. • Mail registration and payment to the Remsen CCR&R office

Le Mars: Thursdays 6:30-9pm, Saturdays 8:30-11am/11:30-2pm • Location to be announced • Mail registration and payment to the Remsen CCR&R office

Laurens: Mondays 6:30-9pm, Saturdays 9-3pm • Iowa Trust & Savings Bank, 104 N 3rd St • Mail registration and payment to the Graettinger CCR&R office

Belmond: This will be offered in April/May 2010. You will be notified of details at a later date.

Graettinger: Thursdays 6:30-9pm, Saturdays 9-3pm • UDMO Office, 101 Robins St • Mail registration and payment to the Graettinger CCR&R office



Have you taken ChildNet training?

What is the next step?

1. Complete all ten ChildNet training modules within 1 year
2. Complete a provider service agreement with CCR&R
3. Be registered with the Iowa Department of Human Services (DHS) as a child development home.
4. Actively participate with the Child and Adult Care Food Program (CACFP)
5. Have current training for Mandatory Reporting of Child Abuse
6. Have current First Aid certificate
7. Have current CPR certificate
8. Have a successful home visit from CCR&R—visits average 1 hour in length

Contact your local CCR&R home consultant today and become ChildNet Certified!



ChildNet certification is required for QRS Levels 2-5.



Iowa DHS Approved On-Line Training for Iowa Child Care Providers

<u>Organization Name</u>	<u>Website</u>	<u>Approval Status</u>
Eager to Learn	http://etl.mnchildcare.org/index.html	group setting
+Care Courses	http://www.carecourses.com/	self-study
+Child Care Education Institute	http://www.cceionline.com/index.cfm	self-study
*NAFCC	http://www.nafcc.org/include/default.asp	self-study
*Better Kid Care	http://betterkidcare.psu.edu/	self-study & group setting
+not all courses have been approved		
*approved training organization		

CPR and First Aid

CCR&R does not coordinate CPR and First Aid training opportunities. There is a list of training entities that may offer training at the following websites.

www.midsioux.org/ccr

http://www.dhs.state.ia.us/Consumers/Child_Care/ChildCareMenu.html



Welcome to School Age Care

Intended Audience: Home Child Care Professionals & Center Professionals

Fee: \$10 or a group rate of \$50 for 5 or more center staff

Module	Module Title	Algona	Sioux City	Fort Dodge	Spirit Lake	Odebolt
1	Your Role as a School-Age	1/7/10	2/1/10	2/23/10	4/19/10	4/24/10
2	How Do We Manage?	1/14/10	2/8/10	3/2/10	4/26/10	4/24/10
3	We All Work Together	1/21/10	2/15/10	3/9/10	5/3/10	4/29/10
4	Here's To Your Health	1/28/10	2/22/10	3/16/10	5/10/10	5/1/10
5	Plan To Be Busy	2/4/10	3/1/10	3/23/10	5/17/10	5/1/10

Algona: Thursdays • 6:30-8:30pm • Family YMCA, 2101 E McGregor • Mail registration and payment to the Graettinger CCR&R office

Sioux City: Mondays • 6:30-8:30pm • St. Luke's Hospital room 2, 2720 Stone Ave • Mail registration and payment to the Remsen CCR&R office

Fort Dodge: Tuesdays 6-8pm, 3/16/10 6:30-8:30pm • ICCC, 300 M Ave • Mail registration and payment to the Graettinger CCR&R office

Spirit Lake: Monday • 6:30-8:30pm • Pizza Ranch, 2003 18th St • Mail registration and payment to the Graettinger CCR&R office

Odebolt: Saturdays 9-11am/11:30-1:30pm, Thursdays 7-9pm • Community Center, 116 E. 2nd St. • Mail registration and payment to the Remsen CCR&R office

Conferences

- Training credit depends on the sponsoring entity and the training approval process.

<p>What: BVCS Early Childhood Conference Where: Community Center, Wall Lake Date: March 13, 2010 Time: 8:15—3:15 Cost: free Registration: CCR&R Remsen office</p> <p>What: Enjoying Early Education Conference Where: Convention Center, LeMars Date: April 10, 2010 Time: 8:30-3:00pm Cost: see brochure for details Registration: brochure available soon www.nwice.org</p>	<p>What: Fort Dodge AEYC Seminar Where: Iowa Lakes Community College, Fort Dodge Date: April 17, 2010 Time, Registration, Cost: TBA</p> <p>What: Centering on Centers Where: Sioux City Convention Center When: Jan. 29 - 30, 2010 Time: 8:30-3:30pm Registration: ISU Extension, forms available in December Cost: \$30 Friday, \$50 Friday & Saturday</p> <p>What: Lakes Area Conference Where: Iowa Lakes Community College, 2100 College Dr Em-metsburg Date: Saturday, February 13, 2010 Time & Cost: TBA Registration: Graettinger UDMO</p>
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Welcome to Child Care Revised

Intended Audience: Center/Preschool Professionals

Fee: \$20 or a group rate of \$100 for 5 or more center staff

Module	Module Title	Humboldt	Storm Lake	Webster City	Sioux City	Emmetsburg
1	The Meaning of Professionalism in Child Care	1/4/10	2/6/10	3/11/10	4/10/10	5/11/10
2	Creating Spaces for Learning	1/11/10	2/6/10	3/18/10	4/10/10	5/18/10
3	Experiences for Learning	1/18/10	2/9/10	3/25/10	4/17/10	5/25/10
4	Reducing the Health Risks in Child Care	1/25/10	2/20/10	4/8/10	4/17/10	6/1/10
5	Supporting Healthy Living in Young Children	2/1/10	2/20/10	4/15/10	4/24/10	6/8/10
6	Guiding Young Children	2/8/10	2/27/10	4/22/10	4/24/10	6/15/10

Humboldt: Mondays • 6:30-8:30pm • ISU Extension Office, 727 Sumner Ave • Mail registration and payment to the Graettinger CCR&R office

Storm Lake: Saturdays 8:30-10:30am/11-1pm, Tuesdays 6:30-8:30pm • Buena Vista Regional Medical Center Kallmer Education Center rooms A & B, 1525 W. 5th St. • Mail registration and payment to the Remsen CCR&R office

Webster City: Thursdays • 6:30-8:30pm • Building Families Empowerment, 500 Fair Meadow Dr Suite A • Mail registration and payment to the Graettinger CCR&R office

Sioux City: Saturdays • 8:30—1:00 • AEA. • Mail registration and payment to the Remsen CCR&R office

Emmetsburg: Tuesdays • 6:30-8:30pm • ILCC, 3200 College Dr • Mail registration and payment to the Graettinger CCR&R office

Specialty Training

Intended Audience: Home Child Care Professionals and Center Professionals

Fee: \$5

*training is pending approval

Title	Date	Time
The Benefits of State Subsidy	1/19/10	6:30-7:30pm
The Benefits of State Subsidy	6/8/10	6:30-7:30pm

Mail registration & payment to Remsen

Mail registration & payment to Graettinger

ICN: Rock Rapids EMS
 Cherokee High School
 Sioux City WIT 2
 Ida Grove High School
 Denison High School
 Orange City Unity Christian High School
 Sioux City Public Library

ICN: Fort Dodge Public Library
 Pocahontas High School
 Spencer High School
 Webster City High School
 Laurens Marathon High School
 Estherville High School
 Clarion Middle School
 Algona High School



Business Basics

Intended Audience: Home Child Care Professionals only

Fee: \$10

Module	Module Title	Fort Dodge	Sioux City	Graettinger	Fort Dodge	Spencer	Spirit Lake	Rock Rapids	Denison
1	Professionalism	1/4/10	2/9/10	2/1/10	3/6/10	3/10/10	3/23/10	4/8/10	4/6/10
2	Basics of Record Keeping	1/11/10	2/13/10	2/8/10	3/6/10	3/17/10	3/25/10	4/15/10	4/10/10
3	Tax Preparation and Insurance	1/18/10	2/13/10	2/15/10	3/6/10	3/24/10	3/30/10	4/22/10	4/10/10

Fort Dodge	Sioux City	Storm Lake Spanish
4/26/10	5/4/10	5/6/10
5/3/10	5/11/10	5/8/10
5/10/10	5/18/10	5/8/10

- Fort Dodge:** Mondays • 6:30-8:30pm • UDMO Office, 900 Central Ave Suite 14 • Mail registration and payment to the Graettinger CCR&R office
- Sioux City:** Tuesday 6:30-8:30pm, Saturday 9-11am/11:30-1:30pm • AEA room F, 1520 Morningside Ave • Mail registration and payment to the Remsen CCR&R office
- Graettinger:** Mondays • 6:30-8:30pm • UDMO Office, 101 Robins St • Mail registration and payment to the Graettinger CCR&R office
- Fort Dodge:** Saturday • 8-2:30pm • UDMO Office, 900 Central Ave Suite 14 • Mail registration and payment to the Graettinger CCR&R office
- Spencer:** Wednesdays • 6:30-8:30pm • CCR&R Office, 212 Grand Ave • Mail registration and payment to the Graettinger CCR&R office
- Spirit Lake:** Tuesdays and Thursday • 6:30-8:30pm • Public Library, 702 16th St • Mail registration and payment to the Graettinger CCR&R office
- Rock Rapids:** Thursdays • 6:30-8:30pm • Sanford Health Center conference room lower level, 801 Greene St. • Mail registration and payment to the Remsen CCR&R office
- Denison:** Thursday 6:30-8:30pm, Saturday 9-11am/11:30-1:30pm • Crawford County Memorial Hospital, 2020 1st Ave. S, • Mail registration and payment to the Remsen CCR&R office
- Fort Dodge:** Mondays • 6:30-8:30pm • UDMO Office, 900 Central Ave Suite 14 • Mail registration and payment to the Graettinger CCR&R office
- Sioux City:** Tuesdays • 6:30-8:30pm • AEA room F, 1520 Morningside Ave. • Mail registration and payment to the Remsen CCR&R office
- Storm Lake:** Thursday 6:30-8:30pm, Saturday 9-11/11:30-1:30pm • Buena Vista Regiona Medical Center, 1525 W 5th • Mail registration and payment to the Remsen CCR&R office



Beyond Business Basics

Intended Audience: Home Child Care Professionals & Center/Preschool Professionals

Fee: \$20 or a group rate of \$100 for 5 or more center staff

Quality Module	Module Title	Sheldon
1	Meeting Child Care Regulations in Iowa	4/10/10
2	Committing to Quality	4/10/10
3	Taking the Fear Out of the CACFP	4/10/10
4	Creating Family Partnerships	4/17/10
5	Making a Difference with Advocacy	4/17/10
6	Resolving Ethical Dilemmas	4/17/10
7	Standards and Curriculum	4/24/10
8	Professional Development Pathways	4/24/10

Financial Module	Module Title	Sioux City
1	Professionalism & Communication Skills	3/6/10
2	PEACE: Policy Enhancement & Contract Enforcement	3/6/10
3	Working with Employees	3/13/10
4	Minimizing Your Insurance Risks	3/13/10
5	Grant Writing	3/20/10
6	Financial Management	3/20/10
7	Marketing Your Business	3/27/10
8	Putting It All Together	3/27/10

Sheldon: Saturdays 9-3:30pm, 4/24/10 9-1pm • Northwest Iowa Community College, 603 W Park St • Mail registration and payment to the Graettinger CCR&R office

Sioux City: Saturdays • 9-11am/11:30-1:30pm • AEA room G, 1520 Morningside Ave. • Mail registration and payment to the Remsen CCR&R office

Family Child Care Environment Rating Scale (FCCERS)

Intended Audience: Home Child Care Professionals only

Fee: Free

Session	Title	Fort Dodge
1	Beginning with FCCERS	2/4/10
2	Speaking the Language of FCCERS	2/11/10
3	Practice with a Purpose	2/18/10
4	Making FCCERS Work for Me	2/25/10

Fort Dodge: Thursdays • 6:30-8:30pm • ICC, 300 M Ave • Mail registration and payment to the Graettinger CCR&R office

Early Childhood Environment Rating Scale (ECERS)

Intended Audience: Center/Preschool Professionals only

Fee: Free

Ses-sion	Title	Fort Dodge	Sac City
1	Beginning with ECERS	2/15/10	5/3/10
2	Speaking the Language of ECERS	2/22/10	5/10/10
3	Practice with a Purpose	3/1/10	5/17/10
4	Making ECERS Work for Me	3/9/10	5/24/10

Fort Dodge: dates are not confirmed, contact Kayla (800-245-6151) for details • Webster County Extension Office • Mail registration and payment to the Graettinger CCR&R office

Sac City : Mondays • 6:30-8:30pm • ISU Extension • Mail registration and payment to the Remsen CCR&R office



Program for Infant and Toddler Care (PITC)

Intended Audience: Home Child Care Professionals & Center/Preschool Professionals

Fee: Free

Module 1— Social Emotional Growth and Socialization	Sioux City	Eagle Grove	Rockwell City
Getting in Tune	9/8/09	9/12/09	3/23/10
Temperaments	9/15/09	9/12/09	3/23/10
Social-Emotional Milestones	9/22/09	9/12/09	3/27/10
Understanding Children's Behavior	9/29/09	9/14/09	3/27/10
Guidance & Discipline	10/6/09	9/14/09	3/27/10

Module 2—Group Care	Sioux City	Eagle Grove	Rockwell City
Routines as Curriculum	10/20/09	9/21/09	4/6/10
Primary Care / Continuity of Care	10/27/09	9/21/09	4/6/10
Environments I	11/3/09	9/26/09	4/10/10
Environments II	11/10/09	9/26/09	4/10/10
Respectful Care	11/17/09	9/26/09	4/10/10

Module 3— Learning and Development	Sioux City	Eagle Grove	Rockwell City
Overview of Early Learning	1/5/10	10/19/09	4/13/10
Discoveries of Infancy	1/12/10	10/19/09	4/13/10
Brain Development	1/19/10	10/24/09	4/17/10
Special Needs	1/26/10	10/24/09	4/17/10
Language, Communication and Development	2/2/10	10/24/09	4/17/10

Module 4—Culture, Family and Providers	Sioux City	Eagle Grove	Rockwell City
Culture, Family and Providers	2/16/10	11/2/09	4/20/10
Harmonizing Cultural Diversity	2/23/10	11/2/09	4/20/10
Responding to Families	3/2/10	11/7/09	4/23/10
Protective Urges	3/9/10	11/7/09	4/23/10
Responsive Family and Community	3/16/10	11/7/09	4/23/10

Module 5— Beginning together	Eagle Grove
Attitudes, Inclusion and Access	11/16/09
When Concerns Arise	11/16/09
Responsive Planning	11/21/09
Building Relationships to Support All Children	11/21/09
Inclusive Group Care and Individualization	11/21/09

This is a **FREE training!**

Pre-registration is required. You must register for PITC at least five business days prior to the module. You must commit to attend one module when registering.

REGISTER NOW!

800-859-2025



MONEY!

By completing the PITC training and three hours of consultation, you are eligible for a stipend!

Modules 1-4 \$250

Module 5 \$50

Module 1-5 \$300

Contact Frankie or Heather for more information.

Frankie Konz

712-786-3499

Heather Johnson

515-576-7774



Program for Infant and Toddler Care (PITC) Continued

- Sioux City:** Tuesdays • 6:30-8:30pm • St. Luke's Hospital room 1, 2 or 3 depending on date, 2720 Stone Ave. • Mail registration and payment to the Remsen CCR&R office
- Eagle Grove:** Mondays 6-10pm, Saturdays 8:30-12:30pm/1-3pm • Eagle Grove Memorial Library, 101 S Cadwell Ave • Mail registration and payment to the Graettinger CCR&R office
- Rockwell City:** Tuesdays 6-10pm, Saturdays 8:30-12:30pm/1-3pm • Calhoun County Public Health • Mail registration and payment to the Graettinger CCR&R office • at this time training is pending approval

CACFP Nutrition Training

Intended Audience: Home Child Care Professionals only

Fee: Free

	Title	Town	Date
#6	Cooking In A Cup	Estherville	1/18/10
#7	Put Books and Food Together	Sioux Center	4/12/10
#8	New Food Sampling	Graettinger	4/12/10
#9	Snack Attack and More	LeMars	4/19/10
#10	Put Books and Food Together	Cherokee	4/26/10
#11	New Food Sampling	Storm Lake	5/3/10
#12	Farmers Market	Spencer	6/14/10
#13	Minute Menu	Spencer	10/26/10



- #6:** Monday • 6:30-8:30pm • Estherville United Methodist Church, 102 S 8th St • Mail registration and payment to the Graettinger CCR&R office
- #7:** Monday • 7-9pm • Sioux Center Library room A, 102 S. Main Ave • Mail registration and payment to the Remsen CCR&R office
- #8:** Monday • 6:30-8:30pm • Graettinger UDMO Office, 101 Robins St • Mail registration and payment to the Graettinger CCR&R office
- #9:** Monday • 7-9pm • TBA • Mail registration and payment to the Remsen CCR&R office
- #10:** Monday • 7-9pm • Cherokee Community Center upstairs, 530 W. Bluff • Mail registration and payment to the Remsen CCR&R office
- #11:** Monday • 6:30-8:30pm • Storm Lake TBA • Mail registration and payment to the Graettinger CCR&R office
- #12:** Monday • 6:30-8:30pm • Spencer CCRR Office, 212 Grand Ave • Mail registration and payment to the Graettinger CCR&R office
- #13:** Monday • 6:30-8:30 • CCR&R conference room • Mail registration and payment to the Graettinger CCR&R office



On-Line MCART & UP Training Information for Child Care Providers

Mandatory Child Abuse Reporter Training (MCART)

Two hours of approved training is required every five years for child care providers

Universal Precautions/Exposure Control Plan (UP/EC) Training

One hour of approved training is required annually (for licensed child care center staff)

One hour of approved training to meet continuing education requirements once every five years for child development home providers

Where is the new on-line training available?

www.prepareiowa.com

Who do I call for technical assistance or with any other questions?

Please contact Sandra Lyles at 515-242-5165 or slyles@idph.state.ia.us. Also, for general technical support, users can send questions by clicking the 'Email Administrator' link on the Prepare Iowa Homepage.

When can I attend the new on-line training?

Any time! This is a self-study course that you can attend at your convenience. You must spend the **minimum required amount of time** taking the training, and you can spend additional time if necessary. You should not skip sections of the training. There will be an exam at the end of the course to document successful completion.

How do I sign up?

Each individual will need to create their own account with login and password. There are **no** group registrations or accounts. Once the account is created and the participant logs in, the course listing will open for you and you may select the appropriate course. Please keep your login and password information for the next time you take one of these courses. Also, additional courses may be available at this location in the future. Child care center directors may want to help staff keep track of user names and passwords.

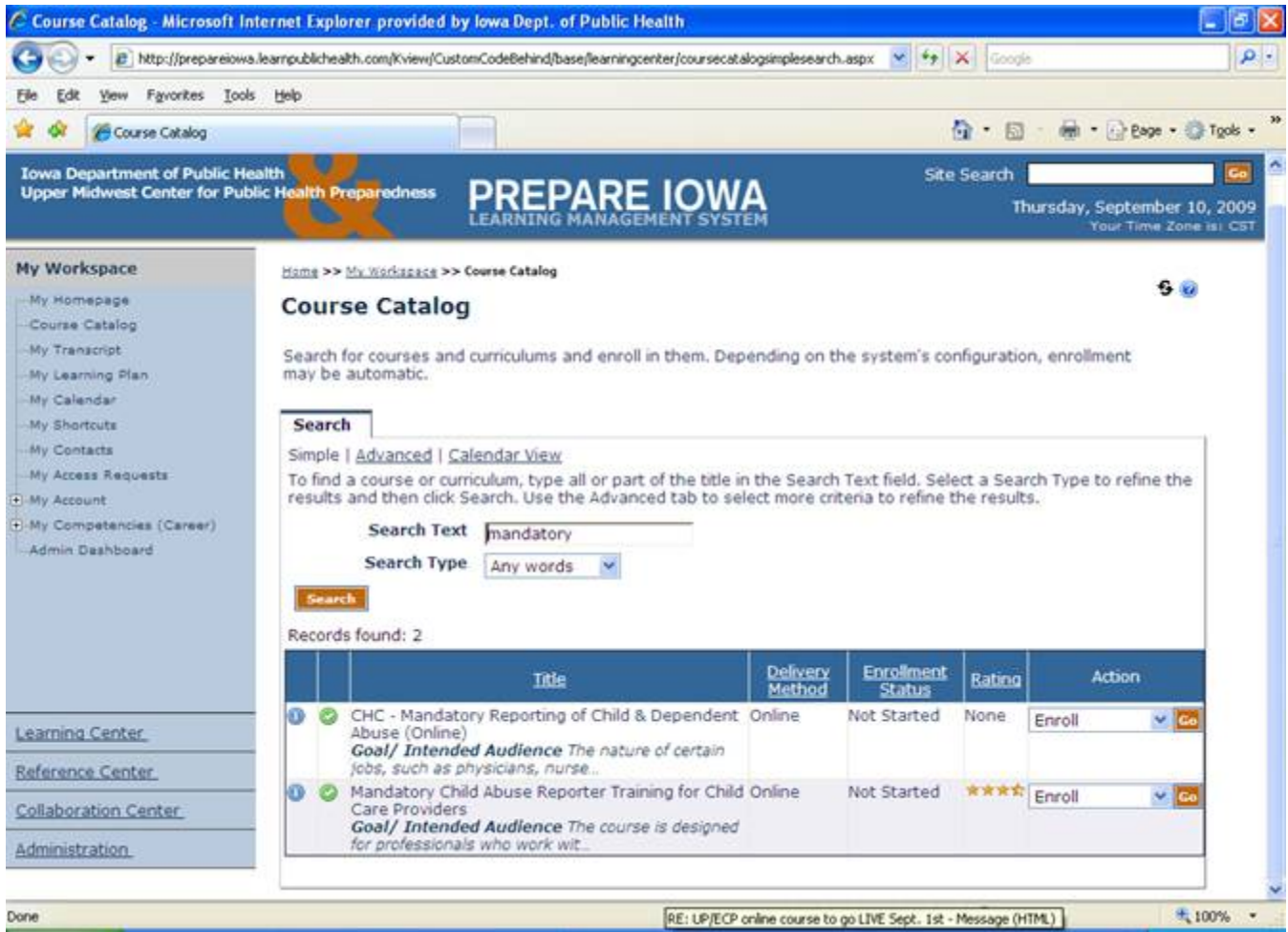
How do I find the course I want after logging in to my account?

After logging in, Click on the Course Catalog and search for the training you wish to take. For Mandatory Child Abuse Reporter training, search "mandatory." For the Universal Precautions course, search "universal." (see example on next page) After finding the course, click "enroll."

Who do I call for technical assistance or with any other questions?

Please contact Sandra Lyles at 515-242-5165 or slyles@idph.state.ia.us.





Universal Precautions and Mandatory Reporter

Intended Audience: Required Annually for Center/Preschool Professionals & encouraged for Home Child Care Professionals

Fee: \$5

Title	Date	Time
Universal Precautions	3/23/10	6:30-7:30pm
Mandatory Reporter	3/23/10	7:30-9:30pm

ICN Sites:

- Sioux City, Public Library
- Sheldon, Northwest Iowa Community College #3
- Cherokee, Western Iowa Tech Community College
- Sac City, Public Library
- Estherville, Iowa Lake Community College
- Humboldt, High School
- Fort Dodge, Public Library



Infant Toddler Positive Behavior Support (PBS)

PAK Empowerment is cosponsoring Positive Behavior Support training. The monthly support groups will support the PBS philosophy and assist with implementation. Providers are encouraged to attend.

Intended Audience: Home Child Care Professionals & Center/Preschool Professionals

Fee: Free

Infant Toddler Module	Module Title	Algona
1	Social Emotional Development within the Context of Relationships	8/27/09, 9/24/09, 10/22/09
2	Responsive Routines, Environments, and Strategies	11/19/09, 12/17/09, 1/28/10, 2/25/10
3	The Meaning of Behavior and Appropriate Responses	3/25/10, 4/22/10, 5/20/10

Algona: Thursdays • 6:30-8:30pm • TBA (trying to secure the AEA) • Mail registration and payment to the Graettinger CCR&R office

*** Certificates will be given upon the completion of the module. If you miss a lesson you can make it up. Make up sessions are available. See page 16 of this catalog for details. Please contact the UDMO CCR&R office with questions.

Preschool Positive Behavior Support (PBS)

Intended Audience: Home Child Care Professionals & Center/Preschool Professionals

Fee: \$10

* Please register at least one month prior to the training date to receive supporting incentives and/or materials

	Training Title	Town	Date
#1	Clay County Support Group PBS training	Spencer	Module 1: 8/5/09, 9/2/09, 10/7/09 Module 2: 11/4/09, 1/6/10 Module 3: 3/3/10, 5/5/10
#2	Dickinson County Support Group PBS training	Spirit Lake	Module1: 8/12/09, 9/9/09, 10/14/09 Module 2: 11/11/09, 1/13/10, 2/10/10, Module 3: 3/10/10, 4/14/10, 5/12/10
#3	O'Brien/Osceola County Support Group PBS training	Sanborn	Module1: 8/12/09, 9/9/09, 10/14/09 Module 2: 11/11/09, 1/13/10, 2/10/10, Module 3: 3/10/10, 4/14/10, 5/12/10
#4	Emmet County Support Group PBS training	Estherville	Module 1: 9/2/09, 9/23/09, 10/7/09, Module 2: 11/4/09, 12/2/09 Module 3: 3/3/10, 4/7/10

#1: Wednesdays • 6:30-8:30pm • Spencer CCRR Office, 212 Gradnd Ave • Mail registration and payment to the Graettinger CCR&R office

#2: Wednesdays • 6:30-8:30pm • Spirit Lake Public Library, 702 16th St • Mail registration and payment to the Graettinger CCR&R office

#3: Wednesdays • 6:30-8:30pm • Sanborn Community Center, 225 Main St • Mail registration and payment to the Graettinger CCR&R office

#4: Wednesdays • 6:30-8:30 • Estherville UDMO Office, 508 S 1st St • Mail registration and payment to the Graettinger CCR&R office

*** Certificates will be given upon the completion of the module. If you miss a lesson you can make it up. Make up sessions are available. See page 16 of this catalog for details. Please contact the UDMO CCR&R office with questions.



Preschool Positive Behavior Support (PBS)

Intended Audience: Home Child Care Professionals & Center/Preschool Professionals

Fee: Orange City Free, Webster City \$10 or a group rate of \$50

Preschool Module	Module Title	Orange City NICE	Webster City
1	Building Relationships and Creating Supportive Environments	October 20, Nov 10,	10/27/09 & 11/3/09
2	Social Emotional Teaching Strategies	Jan 12, Feb 16,	11/10/09 & 11/17/09
3a	Individualized Intensive Interventions	March 16	12/1/09 & 12/8/09
3b	Individualized Intensive Interventions		Cancelled
4	Leadership Strategies		Cancelled — maybe available at a later date

Orange City: Tuesdays • 9am-3:30pm • Iowa State Bank, lower level • Mail registration to NICE

Webster City: Tuesdays, 6:30-9:30pm • Building Families Empowerment, 500 Fair Meadow Dr Suite A • Mail registration and payment to the Graettinger CCRR office

*** Certificates will be given upon the completion of the module.

Infant Toddler Positive Behavior Support (PBS)

Intended Audience: Home Child Care Professionals & Center/Preschool Professionals

Fee: Orange City Free, Webster City \$10 or a group rate of \$50

Infant Toddler Module	Module Title	Webster City	Orange City NICE
1	Social Emotional Development within the Context of Relationships	9/15/09 & 9/22/09	October 20, Nov 10,
2	Responsive Routines, Environments, and Strategies	9/29/09 & 10/6/09	Jan 12, Feb 16,
3	The Meaning of Behavior and Appropriate Responses	10/13/09 & 10/20/09	March 16
4	Leadership Strategies	Cancelled — maybe available at a later date	

Orange City: Tuesdays • 9am-3:30pm • Iowa State Bank, lower level • Mail registration to NICE

Webster City: Tuesdays • 6:30-9:30 • TBA • For registration information contact CCR&R or Building Families Empowerment

*** Certificates will be given upon the completion of the module.



PBS Infant & Toddler Make-up Dates

Come attend one of these dates to make up a session that was missed during your monthly class!

October 24th ~ Module 1: Social Emotional Development Within the Context of Relationships

February 27th ~ Module 2: Responsive Routines, Environments, and Strategies

June 5th ~ The Meaning of Behavior and Appropriate Responses

*Part 1— 10 a.m. to Noon
Part 2—12:30 p.m. to 2:30 p.m.
Part 3—2:30 p.m. to 4:30 p.m.*

**Location will be at the Spencer Hospital in the Maple Room.
1200 1st Ave E**

Other Dates that you can attend:

- Spencer Hospital—Rest of Module 1 on October 7; Module 2 on November 4, December 2, January 6, and February 3; Module 3 on March 3, April 7, and May 5.
- Spirit Lake Library or Sanborn Community Center—Rest of Module 1 on October 14; Module 2 on November 11, December 9, January 13, and February 10; Module 3 on March 13, April 14, and May 12
- Estherville Middle School—Rest of Module 1 on September 23 and October 7; Module 2 on November 9, December 12, January 6, and February 25; Module 3 on March 3, April 7, and May 20
- Algona AEA—Rest of Module 1 on September 24 and October 22; Module 2 on November 19, December 17, January 28, and February 25; Module 3 on March 25, April 22, and May 20.

All classes are from 6:30-8:30!

If you have any questions or need clarification, contact Kayla at 800-245-6151/712-859-3885 ext. 128 or khelget@udmo.com



Child Care Resource & Referral of Northwest Iowa



Child Care Resource & Referral

Regional Office

Mid-Sioux Opportunity, Inc.
418 S Marion Street
Remsen, IA 51050
712-786-2001 or 800-859-2025
www.midsioux.org

Child Care Resource & Referral

Area Offices

Mid-Sioux Opportunity, Inc.
2101 Court Street
PO Box 1641
Sioux City, IA 51102
712-277-1180 or 888-270-1180

Mid-Sioux Opportunity, Inc.
116 South State St., Suite A
Sac City, IA 50583
712-662-4255

Upper Des Moines Opportunity
101 Robins Ave
PO Box 519
Graettinger, IA 51342
712-859-3885 or 800-245-6151

Upper Des Moines Opportunity
900 Central Ave., Suite 14
Fort Dodge, IA 50501
515-576-7994 or 800-567-3951

Regional Director

Melissa Juhl
712-786-3480
mjuhl@midsioux.org

Training Questions & Registration

Kayla Helget (UDMO counties)
800-245-6151
khelget@udmo.com
Cyndy Scott (MSO counties)
712-277-1180
cscott@midsioux.org

Regional Training Coordinator

Melissa Tolzin
Regional Training Coordinator
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Parent Referrals

Karmin Boeve
(Lyon, Sioux, Plymouth, Cherokee, Ida, Buena Vista, Crawford, Sac)
Regional Parent Services Coordinator
712-786-3489
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Jane Ortmann
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Paula Shryock
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Julie Kuhlmann
(Hamilton, Humboldt, Wright, Pocahontas, Calhoun, Webster)
515-576-7994
jkuhlmann@udmo.com

Quality Rating System (QRS)

Anna Letsche
Regional QRS Specialist
712-786-3427
aletsche@midsioux.org

Health and Safety Questions

Kim Schroeder
Regional Child Care Nurse Consultant
712-786-3493
kschroeder@midsioux.org
Local Child Care Nurse Consultants can also be contacted

Professional Development

Sarah Smith
Regional Professional Development
Coordinator
712-786-3429
srsmith@midsioux.org

Program for Infant & Toddler Care

Krankie Konz
(Lyon, Sioux, Plymouth, Cherokee, Woodbury, Ida, Dickinson, Clay, O'Brien, Osceola, Crawford)
Regional PITC Specialist
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Heather Johnson
(Emmet, Kossuth, Palo Alto, Buena Vista, Sac, Pocahontas, Calhoun, Humboldt, Webster, Wright, Hamilton)
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hjohnson@midsioux.org

Registration/Renewal Questions

Megan Kerkmann
Regional Home Consultant
712-786-3497
mkerkman@midsioux.org
Local Home Consultants can also be contacted

SHIP Scholarships

Jane Ortmann
712-277-1180
jortmann@midsioux.org

Provider Updates

Karmin Boeve
Regional Data Coordinator
712-786-3489
kboeve@midsioux.org

General Questions

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712-786-3486
jtentinger@midsioux.org

Kayla Helget
Administrative Assistant (UDMO)
800-245-6151
khelget@udmo.com

ChildNet Certification

Jessica Tentinger
712-786-3486
jtentinger@midsioux.org

Mid-Sioux Opportunity, Inc.:

Lyon, Sioux, Plymouth, Cherokee, Ida, Woodbury, Buena Vista, Crawford, Sac

Upper Des Moines Opportunity:

Osceola, O'Brien, Dickinson, Clay, Emmet, Palo Alto, Kossuth, Hamilton, Humboldt, Wright, Calhoun, Pocahontas, Webster