

# Child and Adult Care Food Program (CACFP)

Any child development home providing care for children in Iowa may participate in the Iowa Child and Adult Care Food Program (CACFP) if the child development home:

- is registered by the Iowa Department of Human Services (DHS) and
- has an Iowa CACFP Home Sponsor.

The CACFP Home Sponsor disburses CACFP reimbursement received from the State Agency to participating child development homes for serving meals that meet the CACFP requirements.

## CACFP Services

- Consultation regarding serving sizes, sanitation, nutrition, meal preparation, handling food, food purchasing, hand washing, etc.
- Free training on nutrition, sanitation, meal preparation, food purchasing, etc.
- Consultation on serving nutritious meals for all ages of children from infants to school age care children
- Conduct a minimum of three on-site visits per year
- Provide consultation on how to serve Family Style Meals

## Benefits of Participating in the CACFP

- Earn extra income without raising rates
- Meal reimbursement for planning and serving meals
- Obtain menu and snack ideas
- Easily record and manage food program using Minute Menu (online record system) or the hard copy documentation
- Receive nutrition training
- Provide documentation for filing income tax